

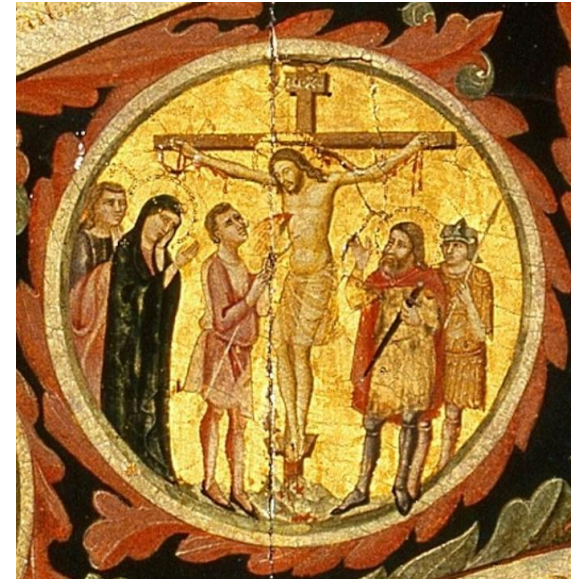
## Questions for Personal Reflection

- Jesus is continually thirsting for each and every one of us. In what ways do you quench his thirst?
- We all need to hand ourselves over to God's will – not just when we face agonising choices or times of trial, but in all the affairs of our daily lives. To what extent do you follow God's will, and not your own?
- Can you discern a 'cup' that God is asking you to drink? Does this image in any way help you to focus your own sense of God's calling for you at the moment?

## Programme

11.00am:	Welcome and Introduction to the Day
11.15am:	First Presentation
11.45am:	Quiet time for Reflection
12.00 noon:	Angelus and Rosary
12.30pm-1.00pm:	Holy Mass
1.00pm-1.30pm:	tea/coffee interval
1.30pm-2.00pm:	Second Presentation
2.00pm-3.00pm:	Penitential Service with Exposition of the Blessed Sacrament and opportunities for Confession
3.00pm:	Divine Mercy prayers, followed by light refreshments

## Thirsting for Mercy: Journeying with Christ through Holy Week



## Day of Reflection, Talk 1: From Cana to the Cross

St Mary's, Beaulieu  
Monday 21 March 2016

After this, Jesus knew that everything had now been completed, and to fulfil the scripture perfectly he said: '*I am thirsty*'. A jar-full of vinegar stood there, so putting a sponge soaked in the vinegar on a hyssop stick they held it to his mouth. After Jesus had taken the vinegar he said, 'It is accomplished'; and bowing his head he gave up his spirit. (Jn 19:28-30)

Like water I am poured out,  
disjointed are all my bones.  
My heart has become like wax,  
it is melted within my breast.  
Parched as burnt clay is my throat,  
my tongue cleaves to my jaws. (Ps 22:15-16)

Taunts have broken my heart;  
I have reached the end of my strength.  
I looked in vain for compassion,  
for consolers; not one could I find.  
For food they gave me poison;  
in my thirst they gave me vinegar to drink. (Ps 69: 21-22)

His state was divine,  
yet he did not cling  
to his equality with God  
but emptied himself  
to assume the condition of a slave,

and became as men are;  
and being as all men are,  
he was humbler yet,  
even to accepting death,  
death on a cross. (Phil 2:6-8)

'People generally serve the best wine first, and keep the cheaper sort till the guests have had plenty to drink; but you have kept the best wine till now'. (Jn 2:10)

If you only knew what God is offering and who it is that is saying to you: 'Give me a drink', you would have been the one to ask, and he would have given you living water. (Jn 4:10)

Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life. (Jn 4:13-14)

... am I not to drink the cup that the Father has given me?  
(Jn 18:11b)

'Father,' he said, 'if you are willing, take this cup away from me. Nevertheless, let your will be done, not mine.' (Lk 22:42)

"And yet ours were the sufferings he bore, ours the sorrow he carried. But we, we thought of him as someone punished, struck by God, and brought low. Yet he was pierced through for our faults, crushed for our sins. On him lies a punishment that brings us peace, and through his wounds we are healed." (Isaiah 53:4-5)