

# Radiating *Christ*

MOTHER TERESA PRAYED THIS  
DAILY WITH HER SISTERS

DEAR JESUS,

help me to spread Thy fragrance everywhere I go.

Flood my soul with Thy spirit and love.

Penetrate and possess my whole being so utterly  
that all my life may only be a radiance of Thine.

Shine through me and be so in me that every soul  
I come in contact with may feel Thy presence in my soul.  
Let them look up and see no longer me but only Jesus.

Stay with me and than I shall begin to shine  
as you shine, so to shine as to be a light to others.



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# Saint Mother Teresa: “Missionary of Mercy”



A day of reflection, focusing on the  
life and work of this “saint of the slums”,  
on the eve of her Canonisation in Rome

St Columba's, Culloden  
Saturday 3 September 2016

## Programme

- 10.00 am-10.30 am: Celebration of Holy Mass (all welcome)
- 10.45 am: Opening Prayer and Welcome
- 11.00 am-11.45 am: “Who *was* Mother Teresa?” – her life and legacy
- 11.45 am-12.30 pm: “The Saint of the Slums” – group discussion
- 12.30 pm-1.30 pm: Pot-luck Lunch
- 1.30 pm-2.30 pm: Film
- 2.45 pm-3.15 pm: “The Spirituality of Mother Teresa”
- 3.15pm-4.00pm: Exposition of the Blessed Sacrament;  
opportunity for the Sacrament of  
Reconciliation; Benediction.

### Who was Mother Teresa?

What aspect(s) of Mother Teresa’s life do you find.. most inspiring?  
.. most challenging?

### Poverty, Social Justice, and Peace

*“Today it is very fashionable to talk about the poor. Unfortunately, it is not fashionable to talk with them.”*

- How does this quotation make you feel?

*“Gandhi felt fascinated at knowing Christ. He met Christians, and felt let down.”*

- How do you think Gandhi would feel if he were to meet you?

*“In the developed countries there is a poverty of intimacy, a poverty of spirit, of loneliness, of lack of love. There is no greater sickness in the world today than that one.”*

- To what extent do you agree with this statement?
- What can be done to alleviate this?

### The Spirituality of Mother Teresa

*“Holiness does not consist in doing extraordinary things. It consists in accepting, with a smile, what Jesus sends us. It consists in accepting and following the will of God.”*

- How accepting are you?

*“Prayer is not asking. Prayer is putting oneself in the hands of God, at his disposition, and listening to his voice in the depths of our hearts.”*

- Do you make time to listen to the voice of God in your daily life?

*“We have the specific task of giving material and spiritual help to the poorest of the poor, not only the ones in the slums but those who live in any corner of the world as well. To do this, we make ourselves live the love of God in prayer and in our work, through a life characterised by the simplicity and humility of the Gospel. We do this by loving Jesus in the bread of the Eucharist, and loving and serving him hidden under the painful guise of the poorest of the poor, whether their poverty is material poverty or a spiritual one. We do this by recognising in them (and giving back to them) the image and likeness of God.”*

- Do you recognise this ‘sense of mission’ in your own faith life?

### For Reflection and Prayer..

- What have I done for Christ?
- What am I doing for Christ
- What ought I to do for Christ?  
(St Ignatius of Loyola, *The Spiritual Exercises*)